

## Talk with your provider about your headache pain

### FOR EPISODIC CLUSTER AND MIGRAINE HEADACHE PATIENTS

An important step to understanding how to better manage your pain is to have a conversation with your healthcare provider. Use this printable guide to help start the conversation with your healthcare team to see if gammaCore™ (non-invasive vagus nerve stimulator) is right for you.

#### How often do you experience headache pain?

- 1-3 times a month
- 1-3 times a week
- Once a day
- Multiple times a day
- Other\*

\*Specify:

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#### How would you describe the level of pain of your headaches?

- Bothersome
- Painful but tolerable
- Very painful
- Extremely painful

#### Do you currently take multiple medications for your headache pain?

- Yes
- No

#### How satisfied are you with your current medications in treating the pain?

- Satisfied
- Somewhat satisfied
- Not satisfied

#### Are your headaches getting in the way of your daily living and activities?

- Yes
- No

#### If you answered yes, describe the level of disruption you feel in your daily life.

- Not very disruptive. I can still go about my day.
- Disruptive, but I'll manage.
- Very disruptive. Getting through the day is challenging
- Extremely disruptive. I can't function and I am often unable to work, go to school, commute, or spend time with others.

#### Would you be interested in a non-drug treatment option?

- Yes
- Maybe
- No

#### Take a look at the answers to your questions.

- Is your headache pain impacting you more than you thought?
- Are you satisfied with the results of your current treatment?
- Are you interested in a non-drug treatment option?

**Bring this guide to discuss with your doctor and ask if gammaCore may be right for you.**

gammaCore™ (non-invasive vagus nerve stimulator) is indicated for use in adult patients for the preventive treatment of migraine and cluster headache, and acute treatment of pain associated with migraine and episodic cluster headache. Available by prescription only. Please refer to the Important Safety Information on page 2.

## FOR PRESCRIBERS

**gammaCore (nVNS) gently stimulates the vagus nerve to prevent migraine and cluster headache and relieve pain associated with migraine and cluster headache.**

- Clinically proven to provide fast, sustained, reliable relief
- The most common adverse device-related events were mild and transient and occurred primarily during administration
- Can be used with other medications
- Portable, convenient, hand-held device

### How to prescribe gammaCore



After the prescription process is complete, the specialty pharmacy will deliver gammaCore to your patient's home. Every 31 days, your patient will be eligible to receive a refill.

**For more information, visit [gammaCore.com](http://gammaCore.com) or text DEMO to 75686 to watch the demonstration video on how to use gammaCore.**

### Indication and Important Safety Information

**gammaCore™ (non-invasive vagus nerve stimulator) is intended to provide non-invasive vagus nerve stimulation (nVNS) on the side of the neck. gammaCore is indicated for:**

- **The preventive treatment of migraine headache in adult patients.**
- **The acute treatment of pain associated with migraine headache in adult patients.**
- **Adjunctive use for the preventive treatment of cluster headache in adult patients.**
- **The acute treatment of pain associated with episodic cluster headache in adult patients.**
- The effectiveness of gammaCore has not been established in the acute treatment of chronic cluster headache.
- Safety and efficacy of gammaCore have not been evaluated in the following patients:
  - Patients diagnosed with narrowing of the arteries (carotid atherosclerosis)
  - Patients who have had surgery to cut the vagus nerve in the neck (cervicalvagtomy)
  - Pediatric patients
  - Pregnant women
  - Patients with clinically significant hypertension, hypotension, bradycardia, or tachycardia
- Patients should not use gammaCore if they:
  - Have an active implantable medical device, such as a pacemaker, hearing aid implant, or any implanted electronic device
  - Have a metallic device such as a stent, bone plate or bone screw implanted at or near their neck.
  - Are using another device at the same time (e.g., TENS Unit, muscle stimulator) or any portable electronic device (e.g., mobile phone).

**NOTE: This list is not all inclusive. Please refer to the gammaCore Instructions for Use for all of the important warnings and precautions before using or prescribing this product available at [gammaCore.com](http://gammaCore.com).**

**By prescription only. US Federal Law restricts this device to sale by or on the order of a licensed healthcare provider.**



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