



Treatment Guide

gammaCore Sapphire (non-invasive vagus nerve stimulator) is a non-drug treatment for adults who suffer from primary headache conditions such as cluster headache and migraine.

Apply the conductive gel before each stimulation. After 2 minutes, gammaCore will beep twice and the stimulation will stop. Turn the device off and wait 10 seconds before delivering another stimulation.

Here are suggested treatment guides for treating and preventing your migraine or cluster headache pain. gammaCore can deliver up to 30 stimulations per day. Please speak to your doctor or healthcare provider to determine which plan may be right for you.

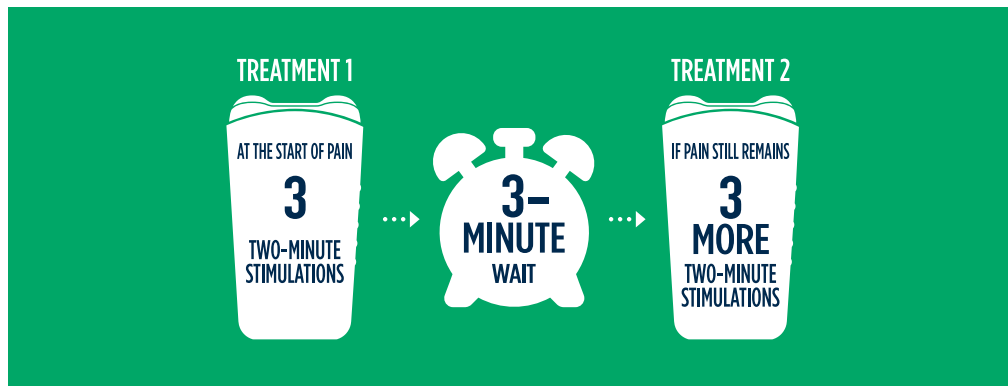
Treatment Guide for Cluster Headache

Acute treatment for cluster headache

At the earliest sign of pain:

Give yourself a treatment consisting of 3 two-minute stimulations.

- After completing the 3rd stimulation, you should wait 3 minutes. If pain remains, apply 3 more two-minute stimulations.

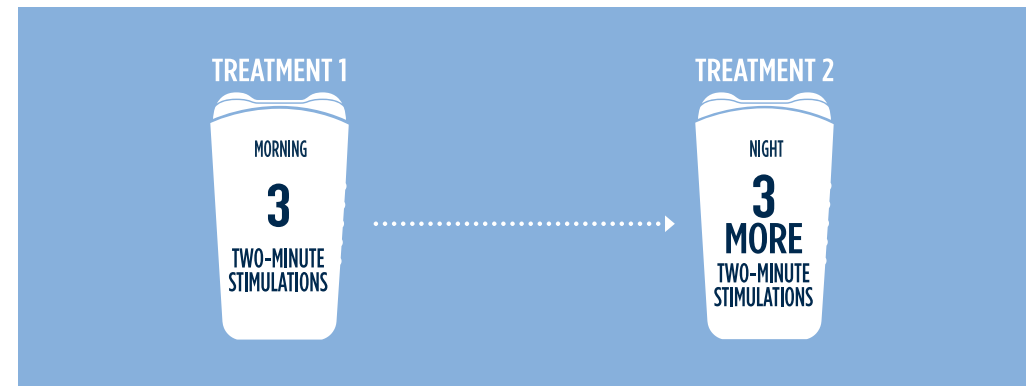


Preventive treatment for cluster headache

Daily:

Give yourself 2 treatments (morning and night) consisting of 3 two-minute stimulations.

- The first daily treatment should be applied within 1 hour of waking. The second daily treatment should be applied at least 7-10 hours after the first daily treatment.



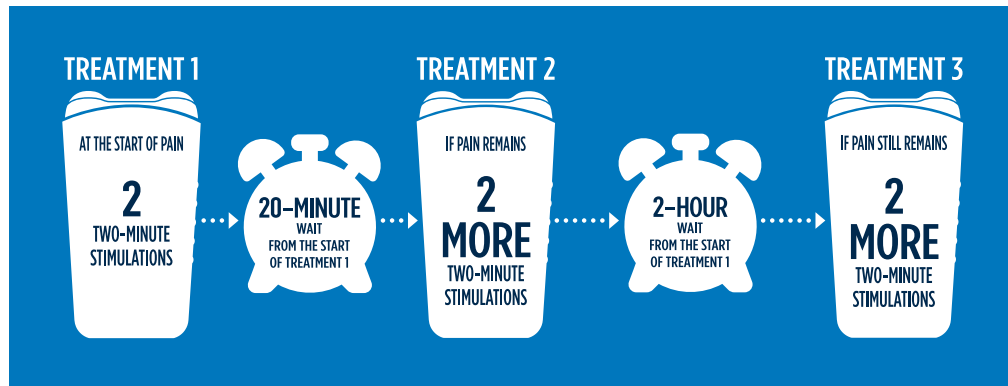
Treatment Guide for Migraine

Acute treatment for migraine

At the earliest sign of pain:

Give yourself a treatment consisting of 2 two-minute stimulations.

- If pain remains 20 minutes after the start of treatment 1, apply 2 more stimulations.
- Two more stimulations may be applied if pain remains 2 hours after the start of treatment 1.



Preventive treatment for migraine

Daily:

Give yourself 3 treatments (morning, mid-day, night) consisting of 2 two-minute stimulations.

- The first daily treatment should be applied within 1 hour of waking. The second daily treatment should be applied 4-6 hours after the first treatment. The third daily treatment should be applied at night.



Important Safety Information

gammaCore Sapphire™ (non-invasive vagus nerve stimulator) is intended to provide non-invasive vagus nerve stimulation (nVNS) on the side of the neck. gammaCore is indicated for:

- The preventive and acute treatment of cluster headache
- The preventive and acute treatment of migraine headache

The long-term effects of the chronic use of the device have not been evaluated.

gammaCore contraindications include but are not limited to:

- Patients with an active implantable medical device, such as a pacemaker, hearing aid implant, or any implanted electronic device
- Patients with metallic device such as a stent, bone plate or bone screw implanted at or near their neck
- Patients who are using another device at the same time (e.g., TENS Unit, muscle stimulator) or any portable electronic device (e.g., mobile phone)

Warnings

- Safety and efficacy of gammaCore have not been evaluated in the following patients:
 - Patients diagnosed with narrowing of the arteries (carotid atherosclerosis)
 - Patients who have had surgery to cut the vagus nerve in the neck (cervical vagotomy)

- Pediatric patients (less than 12 years of age)
- Pregnant women
- Patients with clinically significant hypertension, hypotension, bradycardia, or tachycardia

Precautions

- You must read the gammaCore *Instructions for Use* before using gammaCore
- Only use gammaCore as described in the *Instructions for Use* or as otherwise directed by your doctor or healthcare professional
- Only use an electroCore-approved electrode gel with gammaCore

Note: This list is not all inclusive. Please refer to the gammaCore *Instructions for Use* for all of the important contraindications, warnings and precautions before using or prescribing this product.

Doctor or Healthcare Professional authorisation required.



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