

# gammaCore Headache Treatment Guide

## Preventive Treatment



*Daily: Morning and Night*

A treatment consisting of 2 two-minute stimulations on the same side of the neck at morning and night\*

\*Additional treatments may be recommended for cluster headache

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## Acute Treatment



*At the earliest sign of pain:*

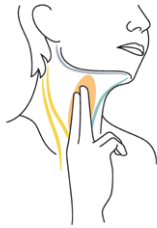
A treatment consisting of 2 two-minute stimulations on the same side of the neck as needed; repeat treatment if pain persists

# 3 Simple Steps

## Step 1

### Find the treatment location

- Use 2 fingers to locate your pulse on either side of your neck
- The vagus nerve is located in the same area



## Step 2

### Prepare the device

- Remove the cap
- Apply a pea-sized amount of the gel provided (**other gels will not work**)
- Turn on gammaCore



## Step 3

### Deliver the stimulation

- Place gammaCore over the treatment location
- Increase the stimulation intensity until you notice a slight muscle contraction at the corner of the mouth



### For more information about gammaCore:

- Scan the QR code
- Visit [gammacore.com/ca](https://gammacore.com/ca)
- Contact Canada Customer Service at:  
[customerserviceca@electrocore.com](mailto:customerserviceca@electrocore.com)  
or call US Customer Service at:  
**888-903-2673**

## Indication and Important Safety Information

**gammaCore™ (non-invasive vagus nerve stimulator) is intended to provide non-invasive vagus nerve stimulation (nVNS) on the side of the neck. gammaCore is indicated for:**

- The preventive and acute use for Cluster Headache in adults.
- The preventive and acute use for Migraine Headache in adolescents and adults.
- **gammaCore is contraindicated for patients with:**
  - An active implantable medical device, such as a pacemaker, hearing aid implant, or any implanted electronic device
  - A metallic device, such as a stent, bone plate, or bone screw, implanted at or near the neck
  - An open wound, rash, infection, swelling, cut, sore, drug patch, or surgical scar(s) on the neck at the treatment location
- **Safety and efficacy of gammaCore have not been evaluated in the following patients:**
  - Patients diagnosed with narrowing of the arteries (carotid atherosclerosis)
  - Patients who have had surgery to cut the vagus nerve in the neck (cervical vagotomy)
  - Pediatric patients (younger than 12 years)
  - Pregnant women
  - Patients with clinically significant hypertension, hypotension, bradycardia, or tachycardia

**NOTE: This list is not all inclusive. Please refer to the gammaCore Instructions for Use for all of the important warnings and precautions before using or prescribing this product available at [gammacore.com/ca](https://gammacore.com/ca). Available by healthcare provider authorisation only.**